What Can You Do to Support High SAT Scores?

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While we know that the SAT is not a perfect measure, the public tends to judge high schools and local school districts by their SAT scores. Support for high SAT scores must be a shared responsibility among various groups. While there is some overlap among school community members, each group also has a unique and important role.

Principals and School Administrators

- Insist that your high school *offer* a Kaplan-like SAT prep course and widely publicize the course. Offer tuition assistance to students who need it.
- Set up other SAT preparation opportunities within the school such as NovaNET software, practice tests, and SAT study books or guides for students to use. Disseminate information about these opportunities.
- Urge students to take more Advanced Placement and other rigorous, higher level courses; e.g., advanced foreign language or mathematics.
- Identify students who do well on PSAT and contact them individually to advise them to enroll in A.P. courses.
- Encourage students to take academic electives; e.g., creative writing, debate, science courses.
- Support teachers in use of instructional approaches tied to SAT performance; e.g., questioning strategies, test item formats.
- Encourage use of PSAT results to target deficiencies in preparation for SAT.
- Encourage students to take the SAT in their junior year and, after examining their scores, take it again in their senior year, if appropriate.
- Help students understand the importance of the SAT in their future plans.

Teachers

- Use instructional approaches tied to SAT performance; e.g., questioning strategies, test item formats. Use sample items from practice tests in classroom discussions about problem-solving skills.
- Urge students to take more Advanced Placement and other rigorous, higher level courses; e.g., advanced foreign language or mathematics. If you teach these classes, recruit students to join them.
- Encourage students to take academic electives; e.g., creative writing, debate, science courses.
- Encourage use of PSAT results to target deficiencies in preparation for SAT.
- Encourage students to take the SAT in their junior year and, after examining their scores, take it again in their senior year, if appropriate.
- Urge students to take an SAT prep course and to make use of other preparation materials that are available to them.

Students

 Take more Advanced Placement and other rigorous, higher level courses; e.g. advanced foreign language or mathematics.

- Take academic electives; e.g., creative writing, debate, science.
- Study your PSAT results to determine where to focus your studying for SAT.
- Take an SAT prep course.
- Use a variety of tools to help you prepare, including software such as NovaNET to study, SAT practice tests (look online), and books such as Barron's to take practice tests.
- Take the test as a junior and, based on results, consider taking it again in your senior year.

Parents

- Set high expectations for your student throughout their school career. Emphasize academic rigor as a shared value for your family.
- Attend parent information sessions about preparing for college, taking the SAT, and course selection.
- Review PSAT results with your student and note areas for improvement. Use this information when assisting in course selection.
- Ask your student what SAT preparation their school offers, or contact the school and find out for yourself.
- Ensure your student takes an SAT prep course, either through the school or an outside provider.
- Urge your student to take more Advanced Placement and other rigorous, higher level courses; e.g. advanced foreign language or mathematics.
- Encourage your student to take academic electives; e.g., creative writing, debate, science courses.
- Study SAT results from your student's junior year SAT administration. The College Board provides an estimate of the probability of each student earning a higher score on a retest. Based on this, you may want to encourage your student to take the SAT again in their senior year.
- Ensure that other resources such as books with practice tests are available to your student.